A patient’s guide to Hereditary Cancer.
Is hereditary cancer testing right for you?
What is Hereditary Cancer?

Most cancers occur in people who do not have a strong family history of that cancer. This is often called “sporadic cancer”. In some families, we see more of the same kind, or related kinds, of cancer than we would expect to see when compared to the general population. This pattern of related cancers can be categorized as either “familial cancer” or “hereditary cancer”. In those families with hereditary cancer, that cancer risk is passed down through generations by inheriting altered genes (in other words, genes with mutations) which increase the risk to develop cancer. Determining which of these families have cancer related to an inherited gene mutation is important, as the cancer risks in hereditary cancer families are much higher than the general population.

**Hereditary Cancer:**
Occurs when an altered gene (gene with a mutation) is passed down in the family from parent to child. People with hereditary cancer are more likely to have relatives with the same type or related type of cancer. They may develop more than one cancer and their cancer often occurs at an earlier than average age.

**Familial Cancer:**
Likely caused by a combination of genetic and environmental factors. People with familial cancer may have one or more relatives with the same type of cancer; however, there does not appear to be a specific pattern of inheritance (e.g., the cancer risk is not clearly passed from parent to child).

**Sporadic Cancer:**
Occurs by chance. People with sporadic cancer typically do not have relatives with the same type of cancer.
Personal and/or Family History Risk Factors

PERSONAL HISTORY OF

- Breast cancer at any age
- Ovarian cancer at any age
- Metastatic prostate cancer at any age
- Pancreatic cancer at any age
- Colon, rectal or uterine cancer at age 64 or younger
- Male breast cancer at any age

FAMILY HISTORY OF

- Breast cancer at 49 or younger
- Two breast cancers in one relative at any age
- Three or more breast cancers in relatives on the same side of the family at any age
- Ovarian, metastatic prostate, pancreatic cancer, or male breast cancer at any age
- Colon, rectal, uterine cancer at age 49 or younger (1st degree relative)
- A gene mutation found in a family member
- Ashkenazi Jewish ancestry with breast cancer in one relative at any age

Certain ancestries may have greater risk for hereditary cancer syndromes (e.g., Ashkenazi Jewish ancestry). Family members include first-, second-, and third-degree blood relatives on both your mother and father’s side.

If you have a genetic mutation found in a hereditary cancer syndrome, your risk of developing a second cancer are significantly increased. Below are examples of the HBOC and Lynch genes.

*For the most up-to-date general population and gene-associated cancer risks, refer to the Gene Tables located at http://myriadmyrisk.com/products/myriad-myrisk/myrisk-gene-table
Multiple genes can be associated with a single cancer

Multiple cancers can be associated with a single gene

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<th>Colorectal</th>
<th>Endometrial</th>
<th>Melanoma</th>
<th>Pancreatic</th>
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**Possible Myriad myRisk® Test Results**

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<tr>
<th>Positive Result</th>
<th>Elevated Result</th>
<th>Negative Result</th>
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<tbody>
<tr>
<td>A mutation has been identified</td>
<td>No genetic mutation was found in the genes tested</td>
<td>No genetic mutation was found in the genes tested</td>
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<tr>
<td>You are at increased risk for cancer</td>
<td>You are at elevated risk for cancer based on an analysis of additional genetic markers, personal clinical risk factors, and/or your family’s history of cancer</td>
<td>The common causes of hereditary cancer have been ruled out, but depending on family history of cancer, increased risks could still remain</td>
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<td>A summary of medical management guidelines will be provided specific to your gene mutation(s)</td>
<td>A summary of medical management guidelines will be provided based on your elevated risk</td>
<td>Depending on your family history, medical management is usually based on general population screening guidelines; however, you should talk with your healthcare provider to determine if there are any changes in medical management that are right for you</td>
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**Variant of Uncertain Significance**
- A change in a gene has been identified
- It is not yet known if the change is associated with increased cancer risk
- Medical management based on personal and family history of cancer until more is understood about this specific change

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**If you are a woman*, you may also receive a riskScore® result and/or a Tyrer-Cuzick breast cancer risk estimate.**

riskScore® is a breast cancer risk prediction result that provides women, who are unaffected by breast cancer, with a personalized calculation of their future breast cancer risk. riskScore result uses a combination of genetic markers and clinical factors in its calculation.

**Tyrer-Cuzick** is a breast cancer risk model used to predict a woman’s risk of developing breast cancer. The Tyrer-Cuzick model takes into consideration family history of cancer and other personal clinical risk factors.

If your remaining lifetime breast cancer risk is calculated to be 20% or greater with Tyrer-Cuzick or riskScore, a summary of medical management guidelines will be provided.

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*Based on research at time of product launch, riskScore® is only calculated for women of solely European ancestry under the age of 85 and without a personal history of breast cancer, LCIS, hyperplasia, atypical hyperplasia, or a breast biopsy of unknown results. riskScore® is not calculated if a woman or a blood relative is known to carry a mutation in a breast cancer risk gene.*

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**MANAGING HEREDITARY RISK**

**Increased Surveillance**
Close and continuous observation and testing
For Example:
- Breast MRI in addition to mammogram
- Annual colonoscopy

**Risk Reducing Medication**
The use of drugs to prevent the development of cancer.

**Risk Reducing Surgery**
Based on individual considerations, the following surgical considerations may be recommended:
- Removal of the breasts
- Removal of the uterus
- Removal of the ovaries and fallopian tubes
- Removal of the colon
It's a Family Affair

› If you have a gene mutation, your parent, your children and your brothers and sisters could have a 50% chance of having the same genetic mutation.

› Other relatives (aunts, uncles and cousins) on the same side of the family are at risk of carrying the same genetic mutation.

› Testing is the only way to identify gene mutations which could impact your medical management.

› Remember, you can inherit a gene mutation from either your mother or your father, so it is important to look at both sides of your family.

Because patients and their families use test results to make life saving medical decisions, Myriad promises to provide affordable access to testing, a lifetime commitment to accurate results, and comprehensive support for ALL appropriate patients and their families.

If you encounter ANY financial hardship associated with your genetic test, Myriad will work with your toward your complete satisfaction. Myriad provides payment plans without interest, where you can pay as little as $15/month if you have a bill.

For more information visit myriadpromise.com

Privacy
The Health Insurance Portability and Accountability Act (HIPAA) of 1996 created federal privacy protections that apply to all health information created or maintained by healthcare providers, health plans, and healthcare clearinghouses. Myriad Genetic Laboratories complies with HIPAA practices.

For more information on specific privacy practices, please visit: myriad.com/patients-families/the-myriad-difference/your-privacy.

References:
Notice and Statement Concerning Nondiscrimination and Accessibility

Grievance Procedure

1. Any person who believes someone has been subjected to discrimination by Myriad on the basis of race, color, national origin, sex, age or disability may file a grievance with Myriad. It is against the law for Myriad to retaliate against anyone who opposes discrimination, files a grievance, or participates in the investigation of a grievance.

2. Grievances must be submitted within 60 days of the date the person filing the grievance is aware of the alleged discriminatory action and the remedy or relief sought.

3. The complaint must be in writing, containing the name and address of the person filing it. The complaint must state the problem or action alleged to be discriminatory and the remedy or relief sought.

4. Myriad will conduct an investigation of the complaint. This investigation may be informal, but it will be thorough, affording all interested persons an opportunity to submit evidence relevant to the complaint. Myriad will maintain the files and records relating to such grievances. To the extent possible, and in accordance with applicable law, Myriad will take appropriate steps to preserve the confidentiality of files and records relating to grievances and will share them only with those who have a need to know.

5. Myriad will issue a written decision on the grievance, based on a preponderance of the evidence, no later than 30 days after its filing, including a notice to the complainant of Myriad’s decision and an explanation of why the decision was made. If Myriad’s decision is adverse, the complainant will have the right to appeal to the President of Myriad Genetic Laboratories, Inc. within 15 days of receiving Myriad’s initial decision. Myriad will issue a written decision in response to the appeal no later than 30 days after its filing, including a notice to the complainant of Myriad’s decision.

6. The person filing the grievance may appeal Myriad’s decision in writing to the President of Myriad Genetic Laboratories, Inc. within 15 days of receiving Myriad’s initial decision. The President will issue a written decision in response to the appeal no later than 30 days after its filing.

7. Individuals seeking access to Section 1557 and its implementing regulations may be facilitated by contacting Mr. Martin (see contact information above).

8. The availability and use of this grievance procedure does not prevent a person from pursuing other legal or administrative remedies, including filing a complaint of discrimination on the basis of race, color, national origin, sex, age or disability in court or with the U.S. Department of Health and Human Services, Office for Civil Rights. A person can file a complaint of discrimination electronically through the Office for Civil Rights Complaint Portal, which is available at:
https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:
U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

9. Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html. Such complaints must be filed within 180 days of the date of the alleged discrimination. Myriad will make appropriate arrangements to ensure that individuals with disabilities and individuals with limited English proficiency are provided auxiliary aids and services or language assistance services, respectively, if needed to participate in this grievance process. Mr. Martin will be responsible for such arrangements.

Español (Spanish)
Myriad Genetic Laboratories, Inc. cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-801-584-3600.

繁體中文 (Chinese)
Myriad Genetic Laboratories, Inc. 遵守適用的聯邦民權法規定，不因種族、膚色、民族血統、年齡、殘障或性別而歧視任何人。注意：如果您需要繁體中文，可以免費獲得語言協助服務。請號碼 +1-801-584-3600.

Tagalog (Tagalog – Filipino)
Mag-aaral ang Myriad Genetic Laboratories, Inc. mga nga naagkop ang Federal na panata sa karapatan sa mga sibul at hindi nandaan ang kauban sa lahat, kalye, banka sa pinagmulan, edad, kapansanan o kasarian. NAUNAWA. Kung nasaalaw ngan ka Tagalog, maari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-801-584-3600.

Português (Portuguese)
Myriad Genetic Laboratories, Inc. cumpre as leis de direitos civis federais aplicáveis e não exerce discriminação com base na raça, cor, nacionalidade, idade, deficiência ou sexo. ATENÇÃO: Se você fala português, estão disponíveis serviços linguísticos gratuitos. Ligue para 1-801-584-3600.

Deutsch (German)

Polski (Polish)
Myriad Genetic Laboratories, Inc. postępuje zgodnie z obowiązującymi federalnymi prawami obywatelskimi i nie dopuszcza się dyskryminacji ze względu na rasę, kolor skóry, pochodzenie, wiek, niepełnosprawność bądź płeć. UWAGA: Jeżeli mówisz po polsku, możesz skorzystać bezpłatną pomoc językową. Zawiadom na numer 1-801-584-3600.
Next Steps:
☐ Pursue Testing by giving blood or saliva sample
☐ Decline Testing-
  Medical management based on personal and family history of cancer
☐ Undecided / Talk to Family

Who to Contact with questions: ____________________________________________

Provider Testing Options to be discussed with your physician or genetic counselor.
☐ Integrated BRACAnalysis® with Myriad myRisk® Hereditary Cancer Update Test
  ☐ Multisite 3 BRACAnalysis
    ☐ REFLEX to Integrated BRACAnalysis with Myriad myRisk Hereditary Cancer Update Test if the Multisite 3 is negative.
    ☐ Check here if a family member has tested positive for one of the 3 Ashkenazi Jewish founder mutations.

☐ COLARIS® PLUS with Myriad myRisk Hereditary Cancer Update Test

☐ COLARIS AP® PLUS with Myriad myRisk Hereditary Cancer Update Test

☐ Single Site Testing (for family of known mutation carriers) Specify Gene: ____________________________
  and Mutation: ____________________________
  Relationship: My patient is the ____________________________ (e.g. maternal aunt) of the known mutation carrier. Required: Include a copy of the known mutation carrier’s report.

☐ Myriad myRisk Update Test

☐ Other: ____________________________________________

Resources:
Your healthcare provider is always your number one resource. You are also invited to visit www.MySupport360.com, the Myriad program offering information and support for patients. You will find valuable information that will help you better understand your test result, and you will join a community of people who are on the same hereditary cancer testing journey as you.
You may also contact Myriad’s Medical Services team at 1-800-469-7423 ext. 3850.